



# 2024

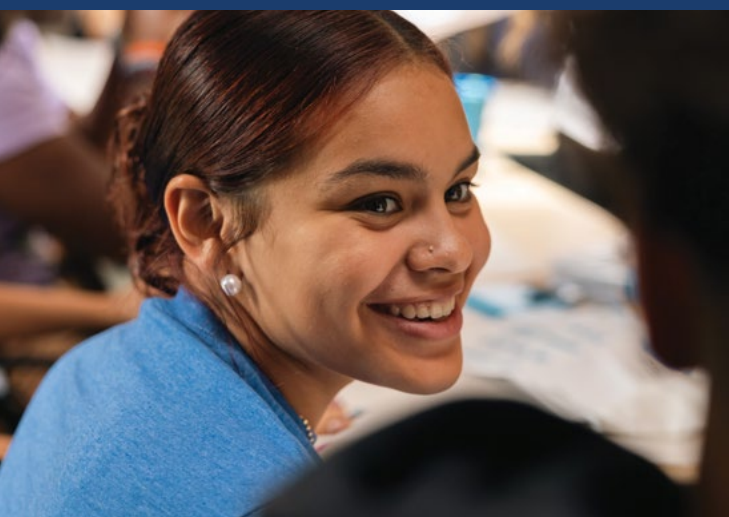
## Annual Impact Report

The Touchstone Foundation elevates the mental well-being of youth and children in Lancaster County.

In 2024, we invested **\$320,159** to fund programs increasing youth mental wellness.

We strategically focus on:

- building the mental health workforce
- improving access to mental health care
- advocating for programs that increase youth mental wellness





“The Mental Health Access Assistance Program was a game changer for me, and made trauma therapy available and affordable in a very difficult season.”

Mental Health Access Assistance Recipient

## Access Programs

**Purpose:** Increase access to mental healthcare for the most marginalized youth by removing financial barriers, promoting wellness activities, advocating for policy change, and advancing diversity, equity, and inclusion across all settings.

### Mental Health Access Assistance

✓ **19 mental health care providers**

supported **64 patients** with therapy sessions by covering copays and deductibles.

✓ **2,214 therapy visits**

covered for children and parents in Mental Health Access Assistance.

*Seeking mental healthcare shouldn't be a financial burden. We can help.*



### Rise Above Youth Summit

✓ **29 high school students**

completed our Rise Above Youth Summit to learn about mental wellness.



## Talent Pipeline Programs

**Purpose:** Build the future mental health workforce by supporting career exploration, training, and retention of licensed professionals.

### Mental Health Clinical Fellowship

- ✓ Over **40 newly licensed clinicians** serving Lancaster County since 2020.

**30 fellows** received clinical supervision, and 17 fellows graduated from the Mental Health Clinical Fellowship, earning their license as a therapist or counselor.

### Student Symposium

- ✓ Hosted the first **Student Symposium** with **75 students & early career professionals** exploring clinical pathways.



**STUDENT SYMPOSIUM**



“I want to express my gratitude. This would not be possible if it wasn’t for the Touchstone program. I am excited to be a part of a program that helps many people make a difference in the community.”

Mental Health Clinical Fellowship Recipient



“This scholarship... I can’t even explain how much of my heart I put into it and how blessed and happy I am to be a recipient of it.”  
Scholarship Recipient

### Mental Health Career Scholarships

- ✓ **9 scholarships** awarded to students pursuing mental health careers.





## OUR MISSION

We elevate the mental well-being of youth and children in Lancaster County.

## OUR VALUES

Caring • Collaboration  
A Whole-person Approach  
Advocacy • Visibility

## OUR VISION

All youth in Lancaster County experience mental wellness

## Financials

Year ended December 31, 2024

### Revenue and Gains (Losses)

● Investment return designated for operations	<b>\$614,220</b>
● Perpetual trust distribution	<b>\$ 53,116</b>
● Grants and contributions	<b>\$ 77,933</b>
● Special events, net of expenses	<b>\$ 29,183</b>
● Assets released from restrictions	<b>\$101,000</b>

**Total Revenue and Gains** **\$875,452**

### Expenses

Program services:

● Foundation programs	<b>\$551,909</b>
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Supporting services:

● Management and general	<b>\$187,843</b>
● Fundraising	<b>\$ 35,113</b>

**Total supporting services** **\$222,956**

**Total Expenses** **\$774,865**

### Changes in Net Assets

**Operating Activities** **\$ 100,587**

#### Other Changes in Net Assets

Investment return, net of amounts designated for operations **\$ 446,193**

**Change in Net Assets** **\$ 546,780**

Net assets, beginning of year **\$10,055,746**

**Net Assets, end of year** **\$10,602,526**



### Our Numbers

We are committed to financial integrity and have earned the GuideStar Platinum Seal of Transparency.

### Our Impact

The Touchstone Foundation streamlines connections between caregivers, existing structures, and available resources for youth and children's behavioral health in Lancaster County. Scan to learn more.



## Board of Directors

Patrick Anderson, DO, *Chair*

Chris Lesser, *Vice Chair*

Wayne Groff, CPA, *Treasurer*

Phil Hess, *Secretary*

Amanda Yarosh Katchur, PsyD

Ramon Rivera

Sam Soliman

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Jacqueline Palm

Jay Steller, MBA \*

Angela Keen \*

Valerie Minnich, PhD, LPC, NCC, CAADC, ACS \*

Joshua Schwartz, Esq. \*

\* Joined in 2025

## Donors & Supporters

### 2024 Feast of the Senses Sponsors

Alegre Events

Pat & Marian Anderson

Barley Snyder

Adam & April Biuckians

CH&E Caldwell, Heckles & Egan Construction, Inc.

City Limits Foundation

Community Action Partnership

Community Services Group (CSG)

CompassMark

EHD Insurance

Ephrata National Bank

Excelsior Events

First National Bank

Fulton Bank (Fulton Forward)

Green Meadow Farm

HK Keller Auctioneers (Fundraising Event Team)

Lancaster Behavioral Health Hospital, Penn Medicine Lancaster General Health, UHS

### Grants

City Limits Foundation

Lancaster County Community Foundation, Next Generation

The Steinman Foundation

### Recent Board Members \*

Arthur Ace, *Finance & Investment Committee Chair*

Kimberly Fletcher, PHR, SHRM-CP

Carrie Lee Smith, PhD, *Past Board Chair*

\* Terms ended in 2024

## Staff

Anna Kennedy  
*Executive Director*

Madeline Mitchell, MSW, LSW  
*Programs Manager*

Casey Flores  
*Communications Manager*

Abby Swank  
*Operations Manager & Accountant*

Lancaster County Community Foundation  
Mental Health America of Lancaster County  
Move Forward Counseling  
Natural Awakenings  
Harold & Nancy Nightwine  
Penn State Health  
PNC Bank  
Salamat Po! Sam Soliman Photography  
Samaritan Center  
Shumaker  
Signature Catering on King  
Spring House Brewing Company  
The Stan Deen Foundation  
The Steinman Foundation  
TEAMCare Behavioral Health  
Trout CPA  
Truist Bank  
UPMC  
Vendela Counseling  
WellSpan Health  
The Workshop Hair Studio

*Thank You!*

### Bequests

Haverstick Family Trust

Ada S. Royer Trust