

Touchstone Foundation  
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Date: 9/29/2025  
To: [School Advisors / School Counselors]  
From: Touchstone Foundation



The Touchstone Foundation is excited to invite you and your students to participate in our **Student Symposium: A Peer-to-Peer Pathway to Licensure, happening on Friday, November 7, 2025, at IU13 in Lancaster, PA.**

This engaging event is designed to inspire students interested in careers in mental health, offering them the chance to connect with peers, mentors, and professionals while learning about the journey toward clinical licensure (LSW, LCSW, LPC, LMFT, and more). Our panelists bring a wealth of expertise, including licensed clinical social workers, professional counselors, psychologists, educators, researchers, and student leaders with experience in trauma therapy, play therapy, behavioral health, supervision, and mentoring – offering students a rich perspective on careers in mental health.



We would love for you to bring High school students curious about mental health careers from your school to join us! Attached you'll find:

- A flyer you can post on bulletin boards
- A graphic for use on your school's digital message boards.

**\*\*Please note:** we are asking that only school staff register students in order to best manage your district's field trip processes at the school level. To avoid confusion, neither students nor families should have access to the registration link

#### Details for Counselors:

- Lunch will be provided for all attendees.
- Counselors are responsible for arranging transportation and ensuring parental permission is secured according to your school district's policies and procedures.

If transportation costs pose a barrier, please reach out to **Madeline Mitchell** ([mmitchell@touchstonefound.org](mailto:mmitchell@touchstonefound.org)) to discuss support options.

We look forward to partnering with you to connect students with meaningful opportunities in the mental health field. Thank you for encouraging your students to take part in this inspiring day of learning and networking.

Warm regards,

*Madeline Mitchell*  
Madeline Mitchell, MSW, LSW  
Programs Manager, Touchstone Foundation

**To confirm your attendance and student headcount, please scan the QR Code to complete the Counselor Registration Form by October 24, 2025.**



# Event Promotion Downloads

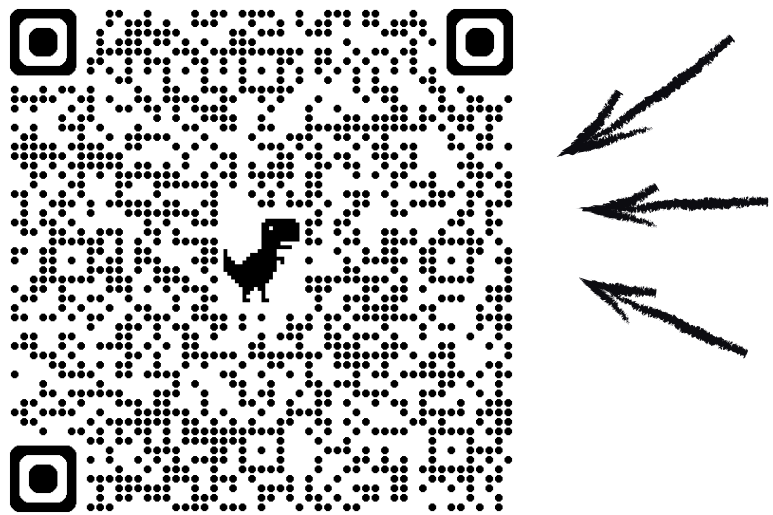


## Event Materials Included:

Flyer for Bulletin Boards (Attached)

List of Panelists (Attached)

Downloadable Graphic for TV Monitors (Scan QR Code):



**\*\*\*If you need additional accommodations for your school's guidelines, please reach out to Communications Manager:  
Casey Flores [cflores@touchstonefound.org](mailto:cflores@touchstonefound.org)**



## Meet our Panelists:



**Stephanie Bridgehouse**

LPC,  
Licensed Professional Counselor

Stephanie Bridgehouse, LPC, has 25 years' experience supporting youth and families. She specializes in play therapy, EMDR, and Animal Assisted Play Therapy®, creating safe, creative spaces for healing and growth.



**Tiffany Brunner**

LPC, B&B Therapy Solutions

Tiffany Brunner, LPC, BCBA, has over 20 years' experience in mental health. She specializes in anxiety, depression, and SEL, integrating behavioral and cognitive approaches with TF-CBT and EMDR.



**Sarah Jones**

Pre-Licensed Counselor  
Touchstone Foundation Clinical Fellow

Sarah, with 20+ years in mental health, holds a PhD. from UGA and uses a person-centered, constructivist approach, affirming LGBTQIA+ clients through life transitions.



**Dr. Marc Felizzi**

PhD, MSW  
Clinical Social Worker

Marc Felizzi, PhD, MSW, has 30 years' experience in trauma and adolescent behavioral health. He teaches at Millersville University and maintains a clinical practice with children and families.



**Valerie Ferri**

MSW, MPH  
Executive Director of FTAC and PPLC

Valerie Ferri, MSW, MPH, is Executive Director of FTAC and PPLC. She advances workforce development in behavioral health, promotes family inclusion, and is completing her PhD in Psychiatric Rehabilitation.



**John G. Frain**

LPC  
Director of QI

John Frain, LPC, is Director of QI and Compliance with expertise in Family Systems and Brief Therapy. He trains clinicians statewide, focusing on evidence-based practices and strong therapeutic alliances.



**Dr. Sarah Haas**

PhD  
Psychologist & Therapist

Dr. Haas passion for working with children and teens with ADHD and anxiety comes from helping them realize their potential, fostering confidence, and creating an environment for success.



**Kylie Henigan**

Psychology Major  
Franklin & Marshall College

Kylie Henigan is a psychology major at Franklin & Marshall College. She researches moral values, counsels on a crisis hotline, and founded Best Buddies to promote inclusiveness for people with disabilities.



**Susannah Moore**

MSW, Therapist

Susannah Moore, MSW, is a therapist supporting teens and young adults through trauma, anxiety, and identity exploration. She integrates EMDR and outdoor therapy, with a special focus on affirming LGBTQ+ clients.



**Anita Pilkerton-Plumb**

MSW, LCSW

Anita Pilkerton-Plumb, MSW, LCSW, is a therapist and teaching artist who integrates counseling, collage, and mindfulness. She helps people of all ages explore trauma, relationships, and resilience through creative, experiential methods.



**Michael Hooper**

LPC

Michael Hooper, LPC, has 25+ years' experience counseling youth, adults, and families across diverse settings. He emphasizes systems and connection, and enjoys music, film, and entrepreneurial ventures alongside his clinical work.



**Natalie Letra**

CPSS, CPS, MA  
Intake & Referral Coordinator and Peer Specialist Supervisor at Recovery InSight

Natalie Letra, CPSS, CPS, MA, Mentors young adults, promotes independent living skills, and is pursuing her MSW at Millersville.



**Lucinda Harnish**

LSW

Lucinda Harnish, LSW, is a school social worker at IU13 with 28 years' experience. She trains educators in trauma-informed practices and supports bilingual families, fostering culturally responsive connections and student success.



**Maria Kanagey**

Student-Lebanon Valley College

Maria Kanagey is a counseling student at Lebanon Valley College passionate about trauma-informed care for children and youth. She values nature, creativity, and inclusion, and enjoys hiking, firesides, ocean trips, and family.



**Sierra McNeil**

MSW, Director of Workforce Development- NASW-PA President

Sierra McNeil, MSW, is Director of Workforce Development and NASW-PA President. She advances equity in behavioral health, develops statewide residencies, and received the 2024 Pennsylvania Impact Award for visionary leadership.



**Grace Mentzer**

MSW, Lancaster Police Social Worker

Grace Mentzer, MSW, is a Lancaster Police Social Worker with 18 years' service to vulnerable populations. She provides trauma-informed crisis support, elevates professional standards, and fosters partnerships between police and the community.



**Megan Prevotnik**

LMFT, Therapist-Embrace Wellness Counseling

Megan Prevotnik, LMFT, provides therapy through Embrace Wellness Counseling. With 10+ years' experience, she helps adults process trauma, strengthen relationships, and set boundaries, fostering safety and authentic connection.



**Dr. Karen Rice**

PhD, MSW- Professor, Millersville University

Karen Rice, PhD, MSW, is a Millersville University professor with 20 years' teaching and trauma-focused practice. She consults on inclusive workplaces and enjoys travel, reading, and time with her granddaughter.



**Ke'Ana Robinson**

LSW, Program Coordinator

Ke'Ana Robinson, LSW, is a Philadelphia-based Program Coordinator and NASW-PA Next Gen chair. She champions social work students, child welfare, and civic engagement, inspiring emerging professionals to lead with confidence.



**Shadoc Caprell**

MAMFT-Associate Marriage & Family Therapist

Shadoc Caprell, MAMFT, is an Associate Marriage & Family Therapist in Lancaster. She integrates IFS, EFT, and TF-CBT, fostering safe, collaborative spaces for trauma recovery, authentic growth, and lasting healing.



**Sitawa Wafula**

Mental Health Advocate

Sitawa Wafula is a Kenyan mental-health advocate and social entrepreneur, founder of My Mind My Funk Resource Hub. She champions stigma-free dialogue, youth resilience, and policies supporting accessible well-being services.



**Jami Dumler**

LCSW, Director of Clinical Programs at Thriveworks

Jami Dumler, LCSW, is Director of Clinical Programs at Thriveworks. With nine years' experience, she specializes in trauma and transgender care, advocates for suicide prevention, and fosters growth-centered leadership in mental health.





**Touchstone**  
FOUNDATION

Youth  
Mental Wellness  
Partners

**HIGH SCHOOL  
STUDENTS**

# 2025 STUDENT SYMPOSIUM

## You're Invited

Touchstone Foundation's Student Symposium  
A Peer-to-Peer Pathway to Licensure

Friday, November 7, 2025

IU13, Lancaster, PA

Are you interested in a career helping others through mental health services?

Join us for an exciting Student Symposium where you can:

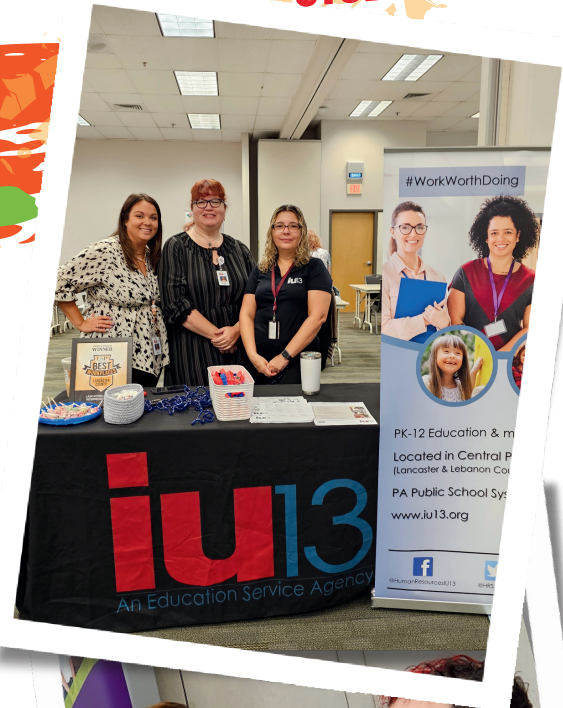
- Connect with peers, professionals, and mentors in the mental health field
- Explore pathways to careers like therapist, counselor, psychologist, psychiatrist, and more
- Learn about the journey toward clinical licensure (LSW, LCSW, LPC, LMFT, etc.)

### ✓ How to Sign Up:

Register through your school counselor  
— spots are limited!



Thank you to  
**iu13**



Learn more about the foundation: <https://touchstonefound.org/student-symposium/>