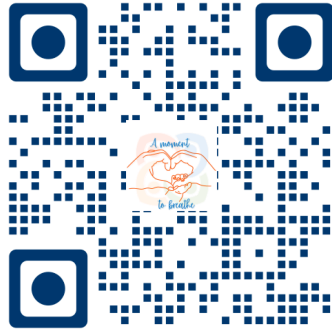


Touchstone Foundation Parent Group

A moment to breathe

In partnership with Community Action Partnership (CAP)




SCAN QR CODE
TO REGISTER



Meets monthly at the Community
Action Partnership of Lancaster
601 S Queen St. Lancaster, PA 17603

-  **FREE** meal for all participants
-  **FREE**, one-on-one parent support with Touchstone Foundation (by appointment only)
-  **FREE** childcare during parent group hours
-  **Compensation** for transportation (bus pass or gas card)

Once a month: every third Wednesday of the month at the CAP Lancaster office from 5:30pm-7:30pm

-  **5:30pm-6:30pm:** dinner and independent time
-  **6:00pm-7:30pm:** active childcare
-  **6:30pm-7:30pm:** support group



TO LEARN MORE: WWW.TOUCHSTONEFOUND.ORG/A-MOMENT-TO-BREATHE