

# 2022

Year in Review



 **Touchstone** FOUNDATION | Youth Mental Wellness Partners

**We elevate the mental well-being of youth and children in Lancaster County.**

**717.397.8722**  
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[touchstonefound.org](http://touchstonefound.org)

# OUR FOCUS



\$160,875

## Building the Talent Pipeline

“Our mental health system is so stigmatized and broken, and it shouldn’t be. Vulnerability isn’t weakness, it is strength, and people don’t need to be so hyper independent in a culture that they should be calling for connection instead.”

Mental Health Careers Scholarships Recipient



\$137,130

## Increasing Access

“Location, wealth, and families influence direct access to mental health.”

Youth Listening Tour Attendee



\$7,240

## Creating Awareness

“Everyone opens up, and the negative stigma around mental health just doesn’t exist in that building.”

Rise Above Youth Summit Attendee

### Mental Health Clinical Fellowships – \$122,050

We lowered barriers to licensure by investing in nine local partner agencies. We supported 29 licensed professionals supervising 28 Masters of Social Work graduates. Our pilot produced 20 newly-licensed therapists and counselors.

### Mental Health Careers Scholarships – \$38,825

We awarded scholarships to four students in mental health careers, plus eight scholarships to students continuing in their nursing programs from 2021.



### Children’s Behavioral Health Grants – \$94,500

We disbursed seven new grants and oversaw a total of \$183,500 in grants for 13 local organizations to increase access for youth and children’s mental health.

### Mental Health Access Assistance – \$42,630

We made mental health care attainable and consistent for 270 low-income youth and families by paying appointment copays.



### Rise Above Youth Summit

We create a safe space for young people to become advocates for mental wellness and learn directly from mental health professionals. We also have local artists teach students to express their emotions through various artistic media.

### Youth Listening Tour & Parent/Caregiver Survey

We surveyed over 1,200 parents/caregivers and listened to 100 youth share their needs and ideas for mental healthcare. We updated our needs assessment and reevaluated our grants program.

“I want to be listened to, not changed.”  
Youth Listening Tour Attendee



## New Beginnings

In January 2022, we changed our name to **Touchstone Foundation** to better reflect our mission of elevating the mental well-being of youth and children in Lancaster County, serving as a touchstone and a safe space for young people in our community.

### OUR FOCUS

In 2022, we invested **\$305,245** in Lancaster County by building the workforce of trained mental health providers, increasing access to mental health care for youth and families, and creating awareness and education about youth mental wellness.



**Building the talent pipeline** by increasing career pathways for students, promoting mental health careers, and retaining licensed professionals in our community.



**Increasing access** to mental healthcare, especially for the most vulnerable and at-risk populations, by removing financial barriers, promoting wellness activities, advocating for health policy changes, and addressing the need for diversity, equity, and inclusion across all settings.



**Creating awareness** and education about identifying the warning signs of depression among children and youth to prevent suicide, especially among high-risk populations such as youth who identify as LGBTQIA+, early-childhood trauma, and youth with alcohol and substance use disorders.



### OUR MISSION

We elevate the mental well-being of youth and children in Lancaster County.

### OUR VALUES

A Whole-person Approach • Caring Collaboration • Advocacy • Visibility

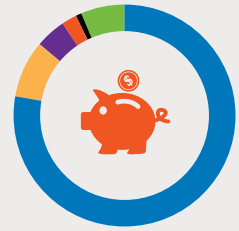
### OUR VISION

All youth in Lancaster County experience mental wellness

# Consolidated Statements of Activities

Year ended December 31, 2022

## Revenues and Gains



TOTAL  
**\$796,654**

● Investment return designated for operations	<b>\$ 626,283</b>
● Perpetual trust distribution	<b>\$ 66,986</b>
● Grants and contributions	<b>\$ 34,861</b>
● Special events, net of expenses	<b>\$ 17,919</b>
● Changes in value of split interest agreements	<b>\$ 605</b>
● Assets released from restrictions	<b>\$ 50,000</b>
<b>Total Revenues and Gains</b>	<b>\$ 796,654</b>

## Expenses



TOTAL  
**\$711,543**

<b>Program Services</b>	
● Foundation programs	<b>\$ 497,727</b>
<b>Supporting Services</b>	
● Management and general	<b>\$ 179,028</b>
● Fundraising	<b>\$ 34,788</b>
<b>Total Expenses</b>	<b>\$ 711,543</b>

Platinum  
Transparency  
2023

Candid.

## OUR NUMBERS

We are committed to financial integrity and have earned the GuideStar Platinum Seal of Transparency.

## Net Assets

<b>Operating Activities</b>	<b>\$ 85,111</b>
<b>Other Changes in Net Assets</b>	
Investment return, net of amounts designated for operations	<b>\$ (2,719,877)</b>
Change in beneficial interest in perpetual trusts	<b>\$ 0</b>
<b>Change in Net Assets</b>	<b>\$ (2,634,766)</b>
Net assets, beginning of year	<b>\$ 12,039,169</b>
Net assets, end of year	<b>\$ 9,404,403</b>

## Board of Directors

Carli Youndt  
*Chair*

Carrie Lee Smith  
*Vice Chair*

Patrick Anderson  
*Secretary*

Wayne Groff\*  
*Treasurer*

Arthur Ace

Kimberly Fletcher

Phil Hess

Sharee Livingston

Shaun Murphy

Connell O'Brien

Ramon Rivera\*

Sam Soliman\*

Amanda Yarosh Katchur

William Zee

\*Joined in 2023

## Recent Board Members

Sean Post

Stacey Denlinger

Robert H. Miller



## Staff

Amy Swanger  
*Operations Manager*

Anna Kennedy  
*Executive Director*

Sobeida Rosa  
*Communications & Development Manager*

Shanece Bowman  
*Programs Manager*



## Donors & Supporters

Thank you to our donors and supporters who support our mission to elevate the mental well-being of youth and children in Lancaster County!



## Feast of the Senses 2022 Sponsors

Advanced Metrics

Alegre Events

Barley Snyder\*

CH&E Construction\*

Community Services Group\*

Engle, Hambright and Davies

Excelsior Events

Green Meadow Farms

HK Keller Auctioneers

Lancaster Behavioral Health Hospital (UHS of Lancaster)

Lark Eshleman Mental Health Consulting\*

Mental Health America of Lancaster County\*

Mill Creek Capital Advisors\*

Move Forward Counseling\*

PNC Bank\*

Samaritan Counseling Center\*

Signature Catering on King

Spring House Brewery

TEAM Care Behavioral Health\*

Trout CPA\*

The Steinman Foundation\*

UPMC (University of Pittsburgh Medical Center)

White Oak Printing and Publishing\*

\*Donated in 2021

## Grants

Ashland Foundation

The Steinman Foundation



## Bequests

Haverstick Family Trust

Ada S. Royer Trust

