



2020

ANNUAL REPORT



OUR MISSION

We elevate the mental well-being of youth and children in Lancaster County.

OUR VALUES

- Caring
- Collaboration
- Advocacy
- Visibility
- A Whole-Person Approach

We are tackling two big goals to solve the supply and demand crisis in mental health care for kids

BIG GOAL 1

BIG GOAL 2

Build the talent pipeline to increase the supply of licensed mental healthcare providers who treat youth and children.

LANCASTER CLINICAL SUPERVISION COLLABORATIVE

We're assisting 30 masters-level graduates (Fellows) to earn clinical licenses. Thanks, in part, to a grant from The Steinman Foundation, we invested \$121,520 in 2020 to provide this program to 9 local agencies (for teams of Supervisors and Fellows). The program also includes monthly continuing education.

NURSING SCHOLARSHIPS

We help local nursing students begin or further their nursing careers in roles supportive of children's mental health. We invested a total of \$56,400 in 2020 in scholarships for 20 students.

CONTINUING EDUCATION & TRAINING

In 2020, we invested \$2,713 to offer practicing physical and mental healthcare providers Continuing Medical Education in topics of children's mental health.

Increase access to mental healthcare by removing financial and other barriers to ease the burden for families.

CHILDREN'S BEHAVIORAL HEALTH GRANTS

In 2020, we invested \$129,395 in grants to nonprofit organizations serving Lancaster County with programs that improve access to children's mental healthcare.

MATERNAL MENTAL WELLNESS

We support mothers experiencing perinatal and postpartum mood disorders (such as postpartum depression/anxiety), and help parents increase coping skills.

MENTAL HEALTH COPAY ASSISTANCE

We help parents, and youth from birth to young adults, who are in financial need so that they can afford mental health appointments. This program reduces their copays to just \$10/visit. We invested \$37,124 in 2020 to cover the difference in their cost so they can start or maintain their therapy.

“Thank you for the support and the immense help that the foundation gave us by facilitating the scholarship, which was a great help to undertake this path and graduate successfully. I don't have enough words to express so much gratitude.

ANET MCPHERSON MELENDEZ, BSN

“Our son has the ability now to take a step back, consider his action, calm himself down. Had we not found LOHF, I'm not sure we would be doing this program right now. The finances were such a burden, and LOHF lifted the hurdle for us.

DAVID AND LORI SAFSTROM

OUR TEAM

Our work is successful thanks to our donors, funders, volunteers, and staff.

2020 Volunteer Board of Directors

- | | | |
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<i>Programs Manager</i> |
| Jeannette Scott,
<i>Communication Director</i> | Judy Durand,
<i>Office Assistant</i> |



Photo Courtesy of Bench Mark

DONORS

We thank the many individuals whose generosity in 2020 made it possible to elevate the mental well-being of youth and children. These include:

Lift Up Children’s Behavioral Health Giving Circle Donors

- | | | |
|---|--|------------------------------|
| Shawn Barron | Kathryn Frey | Robert H. Miller |
| Alice Baumgart, PhD, RN | Chris and Maia Ginder | Connell O'Brien |
| Katherine Betz Kravitz, JD | Linda Gort, MSN, CRNP | Patrick O'Donnell |
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| | Kristen Loose | John and Susan Walker |
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Business Donors

- | | | |
|----------------------------|---------------------|----------------------------------|
| Augeo Incentive Logic, LLC | Diehl & Associates | Mill Creek Capital Advisors, LLC |
| Bright Funds Foundation | Goodthree | Tait, Weller & Baker, LLP |
| Community Services Group | J. Walker Marketing | Work Wisdom |

Grants

- Steinman Foundation
Lancaster Cares Fund

Bequests

- Haverstick Family Trust
Ada S. Royer Trust

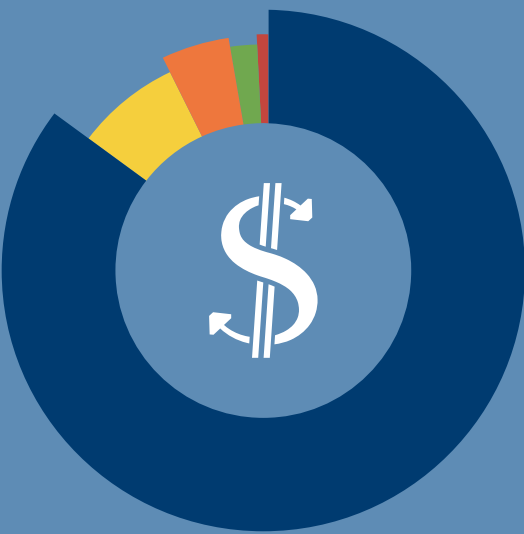


Lancaster Clinical Supervision Collaborative

BY THE NUMBERS

LOHF is a community benefit organization established in 1999 with the proceeds of the sale of Lancaster Osteopathic Hospital (Community Hospital). We actively manage this endowment to benefit the Lancaster County community in perpetuity. The generosity of donors allows us to help even more local youth and children experience mental well-being. We are committed to financial integrity.

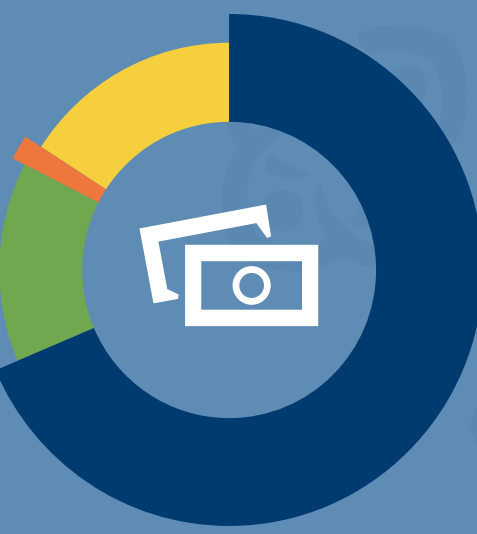
Revenue and Gains (LOSSES)



TOTAL
\$641,436

• Investment Return	
Designated for Operations	\$ 547,032
• Perpetual Trust Distribution	\$ 55,483
• Contributions	\$ 29,577
• Grants	\$ 10,000
• Changes in Value of Split Interest Agreements	\$ (656)

Expenses



TOTAL
\$697,220

• Program	\$ 568,418
• Management and General	\$ 112,753
• Fundraising	\$ 16,049
• Total Support Services	\$ 128,802

Consolidated Statements of Activities,
year ended December 31, 2020

Change in Net Assets

Operating Activities	\$ (55,784)
Other Changes in Net Assets	
• Investment Return, Net of Amounts Designated for Operations	\$ 922,121
• Change in Beneficial Interest in Perpetual Trusts	\$ 84,353

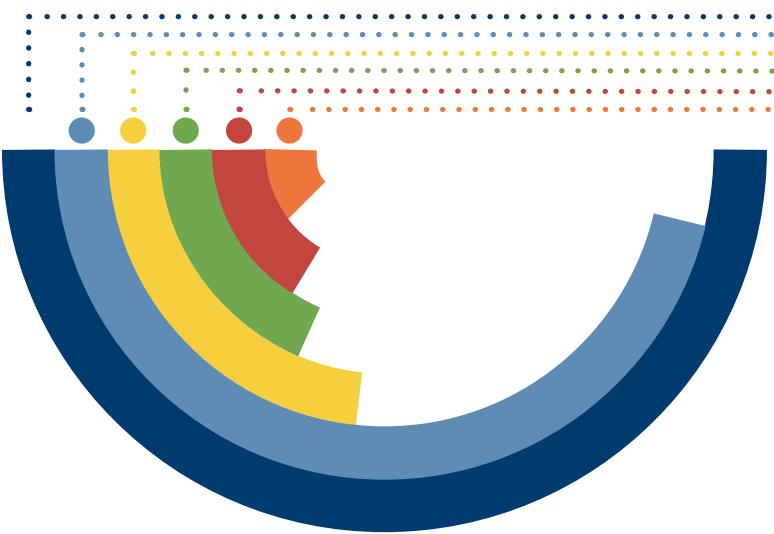
Change in Net Assets	\$ 950,690
• Beginning of Year	\$ 11,843,746
• End of Year	\$ 12,794,436



Photo Courtesy of Patients R Waiting

Program Impacts

In 2020, LOHF invested \$389,608 in our community:



- \$129,395 in grants that increase access to mental health services and bring programs to kids and families
- \$121,520 in our Clinical Supervision Collaborative, which includes \$50,000 in grant funding from The Steinman Foundation
- \$56,400 in Nursing Scholarships
- \$42,456 in NavWell
- \$37,124 in our Mental Health Copay Assistance program
- \$2,713 in Training and Education



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